



DEPARTMENT OF PHYSICAL EDUCATION
S.N. COLLEGE, SIVAGIRI, VARKALA
Annual Report 2018-2019

1.ACHIEVEMENTS IN NATIONAL LEVEL

S.I	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	Shaji. V	National	Bronze	Kho-Kho	I History
2	Sibin S	National	Bronze	Kho-Kho	I History
3	Sibin S	National(SZ)	Bronze	Kho-Kho	I History
4	Aromal manilal	National	Participation	Wushu	II Mathematics
5	Vijayvinod V S	Interuniversity	Participation	Kho-Kho	II Economics
6	Shaji. V	Interuniversity	Participation	Kho-Kho	I History
7	Sibin S	Interuniversity	Participation	Kho-Kho	I History
8	Akhil S S	Interuniversity	Participation	Kho-Kho	III Economics
9	Akhil A G	Interuniversity	Participation	Kabaddi	III B.com

2.ACHIEVEMENTS IN STATE LEVEL

2.1. Individual Events

S.I	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	Aromal manilal	State	Gold	Wushu	II Mathematics
2	Akhil A	Inter Collegiate	Silver	Boxing	Ist Malayalam
3	Muhammed Binshad	Inter Collegiate	Silver	Boxing	IIIrd Geology
4	Akhiljith S,	Inter Collegiate	Silver	Wrestling	I Mathematics
5	Vishnu Satheesh	State level	Bronze	Boxing	IIIrd physics
6	Shibi S	State level	Bronze	Boxing	IIIrd Botany
7	Sibin S	State level	Bronze	Kho-Kho	I History
8	Rahul R	Inter Collegiate	Bronze	Boxing	Ird physics
9	Arun S	Inter Collegiate	Bronze	Boxing	Ird B.com H M
10	Ajeesh A	Inter Collegiate	Bronze	Boxing	Ird B.com H M

11	Vishnu Satheesh	Inter Collegiate	Bronze	Boxing	IIRD physics
12	J Vinayak	Inter Collegiate	Bronze	Boxing	IIIRD physics
13	Veena N S	Inter Collegiate	Bronze	Boxing	II Bcom
14	Shibi S	Inter Collegiate	Bronze	Boxing	IIIRD Botany
15	Harsha M S	Inter Collegiate	Bronze	Boxing	IIIND Chemistry
16	Sreekutty SS	Inter Collegiate	Bronze	Athletics	Ist Malayalam
17	Rahul R	State	Sixth	Boxing	IIRD physics
18	Vysakh Sreekumar	Inter Collegiate	Bronze	Cycling	Ist B.com

2.2. Group Events

S.I	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	Vijay Vinod V S	Inter Collegiate	Silver	Kho-Kho	II Economics
2	Shaji. V	Inter Collegiate	Silver	Kho-Kho	I History
3	Sibin S	Inter Collegiate	Silver	Kho-Kho	I History
4	Akshay S	Inter Collegiate	Silver	Kho-Kho	I Economics
5	Nithin B	Inter Collegiate	Silver	Kho-Kho	I Economics
6	Abhijith M	Inter Collegiate	Silver	Kho-Kho	I History
7	Akhil S S	Interuniversity	Silver	Kho-Kho	III Economics
8	Jithu A	Inter Collegiate	Silver	Kho-Kho	I History
9	Kailas R	Inter Collegiate	Silver	Kho-Kho	I Malayalam
10	Vishnu V R	Inter Collegiate	Silver	Kho-Kho	III Economics
11	Thanseer S T	Inter Collegiate	Silver	Kho-Kho	I Economics
12	Unnikannan A P	Inter Collegiate	Silver	Kho-Kho	III Economics

3. ACHIEVEMENTS IN DISTRICT LEVEL

3.1. Individual Events

S.I	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	Vishnu Satheesh	District	Gold	Boxing	IIIRD physics
2	Ajeesh A	District	Gold	Boxing	IIIRD B.com H M
3	Veena N S	District	Gold	Boxing	II Bcom
4	Midhun M	District	Silver	Boxing	II BSc Physics
5	Rahul R	District	Silver	Boxing	II BSc Physics
6	Akhil A	District	Silver	Boxing	I BA Malayalam
7	Shibi S	District	Silver	Boxing	IIIRD Botany
8	J Vinayak	District	Bronze	Boxing	IIIRD physics



Akhil A G -inter university Kabaddi player



Vijayvinod V S-inter university Kho kho player



Sibin S-inter university Kho Kho player



Shaji. V -inter university Kho Kho player



Akhil S S -inter university Kho Kho player



S N College, Varkala Kho Kho Men team lifted Kerala university inter collegiate Kho Kho Men runner up trophy posing with college Principal and physical education Teachers on 17th and 18th September 2018

The Department of Physical Education conducted coaching camp for students from July second week onwards. The coaching was given for Football, Cricket, Kabaddi (Men & Women), Kho-Kho (Men & Women), Boxing(Men & Women),, Shuttle Badminton, Volleyball and Athletics(Men & Women) ,wrestling etc.

Intercollegiate Participation

1.The Badminton men team of our college participated in the Intercollegiate Badminton Tournament held at Toss academy, Manacadu on 13th & 14th September 2018.

2.The Kho-Kho women team of our college participated in the Inter collegiate Kho-Kho inter Zone tournament held at Govt. college, Attingal on 17th and 18th September 2018.

3.Our college Football team participated in the Intercollegiate South Zone Football tournament held at University stadium on 19th to 22nd September 2018.

4.The Kho-Kho men team of our college participated in the Inter collegiate Kho-Kho inter Zone tournament held at LNCPE college kariavattom on 22nd and 23rd September 2018.The college Kho-Kho team was the *runner-up* in the tournament .

5.The Badminton Women team participated in the Intercollegiate Badminton Tournament held at Toss academy, Manacadu on 3rd to 5th September 2018.

6.The following selected students of our college participated and *won two gold medals, one silver medal and two bronze medals in the district boxing championship* held at Sreepadam Stadium, Attingal on 24th September 2018.

7.The selected students of our college participated and *won two bronze medal in the State boxing championship* held at kollam on 30th September to 2nd October 2018.

8.The selected members of our college participated in the intercollegiate inter zone Wrestling championship held at Central Stadium, Trivandrum on 6th & 7th October 2018.
Sri Akhil jith S, Ist Bsc mathematics Placed IInd in the championship.

9.The selected members (women) of our college participated in the selection trails for inter-zone Tennis tournament held at TKM College of Engineering on 8th October 2018.

10.The selected students participated in the intercollegiate inter zone Cycling men championship held at LNCPE, Trivandrum on 16th October 2018. **Sri Vysakh Sreekumar, Ist B.com** bagged bronze medal in the championship.

11.Our College Kabaddi men team participated in the Inter collegiate Kabaddi south Zone tournament held at LNCPE, Trivandrum on 1st and 3rd November 2018 and positioned IIIrd and qualified for inter zone tournament.

12.Our College Kabaddi women team participated in the Inter collegiate Kabaddi inter Zone tournament held at SN College women Kollam on 3rd and 4th November 2018.

13.Our College Kabaddi men team participated in the Inter collegiate Kabaddi Inter Zone tournament held at LNCPE, Trivandrum on 5th and 6st November 2018. **Sri. Akhil A G, IIIrd B.com** selected for inter University kbaddi team (kerala university).

14.The Athletic team of our College (M&W) participated in the Intercollegiate Athletic Meet held at GV Raja Pavilion, University Stadium, Trivandrum, on 7th, 8th & 9th November 2018. **Sreekutty S S ,Ist Malayalam** won third place in Heptathalan.

15.The Handball Men team of our college participated in the Inter Collegiate Handball tournament held at University Stadium, tvn on 15th and 16th November 2018.

16.The Boxing team of our College participated in the Intercollegiate Inter -Zone Boxing championship held at Sreepadam Stadium on 24th & 25th November 2018. **We achieved 10 individual medals**, In boys section we got two Silver medal and five Bronze medals. In girls section three Bronze medals.

17.Our Cricket team participated in the Intercollegiate South Zone Cricket tournament held at Medical College Ground, Trivandrum on 13th November 2018 ,2nd match on 23rd November 2018,3rd match on 27th November 2018 and 4th on 9th December 2018 held at University Stadium.

18. Our college Cricket team selected and Participated south zone KCPL tournament held at mangalapuram on 23rd January 2019.

19. The selected students of our college participated and *won three silver medal in the youth boxing championship* held at Sreepadam Stadium attingal on 20th January 2019. These students selected for the state boxing championship held at Kannur on 26th January 2019 to 28th January 2019.

Department of Physical Education organized a one day seminar on “Application of Nanometrics in Sports” at conference hall on 14th February 2019. The seminar was inaugurated by Sri Amjith S (Assistant Professor in BEd Training College, Nedunganda). Principal Dr. L Thulaseedaran delivered the presidential address. Welcome speech by Praveen R, HOD, Department Of Physical Education.

One day Seminar on “Application of Nanometrics in sports”



Sri Amjith S (Assistant Professor in BEd Training College, Nedunganda) handling the class on 14th February 2019



Principal Dr. L. Thulaseedaran delivered the presidential address on 14th February 2019



Welcome speech by Praveen R, HOD, Department Of Physical Education on 14th February 2019

Department of Physical education in association with sivagiri matt organized sivagiri pilgrim volley cup tournament in connection with 86th sivagiri pilgrimage from 6th December 2018 to 8th December 2018 . Olympion smt.beenamol inaugurated the programme. Principal Dr. L Thulaseedaran delivered the presidential address. Welcome speech by Praveen R, HOD,Department of Physical Education.



Principal Dr.L.Thulaseedaran ,swami Visalananda swamikal and other deligates during the 86th sivagiri pilgrimage volleyball tournament on 6th December 2018

ആറ്റിങ്ങൽ > ചലച്ചിത്രങ്ങൾ കൂട്ടിക്കൊണ്ടിരുന്ന നേതൃത്വത്തിൽ വെള്ളിയാഴ്ച രാത്രി 7-ന് ആറ്റിങ്ങൽ ഗേൾസ് ഹയർ സെക്കന്ററി സ്കൂൾ ജന്മിയിൽ അഖില കേരള വടവലി മത്സരം നടക്കും.

പേരിയായ ഒരു ജന്മിയാണ് വടവലി. നിർമ്മിക്കാനാവശ്യമായ സ്ഥലം വിട്ടുനൽകിയത്. കല്ലോ-പാടോട് സ്കോളർസ് സമാജം വെള്ളിയാഴ്ച രാത്രി 7-ന് ആറ്റിങ്ങൽ ഗേൾസ് ഹയർ സെക്കന്ററി സ്കൂൾ ജന്മിയിൽ അഖില കേരള വടവലി മത്സരം നടക്കും.

മിറ്റാർബിംഗ് കണക്കുകൾ കൂട്ടിക്കൊണ്ടിരുന്ന നേതൃത്വത്തിൽ വെള്ളിയാഴ്ച രാത്രി 7-ന് ആറ്റിങ്ങൽ ഗേൾസ് ഹയർ സെക്കന്ററി സ്കൂൾ ജന്മിയിൽ അഖില കേരള വടവലി മത്സരം നടക്കും.

ശിവഗിരി തീർത്ഥാടന ക്ഷേത്രം വോളിബോൾ ടൂർണമെന്റ് തുടങ്ങി



ശിവഗിരി തീർത്ഥാടന ക്ഷേത്രം വോളിബോൾ ടൂർണമെന്റ് കെ.എം.ബീനാമോൾ ഉദ്ഘാടനം ചെയ്യുന്നു

ശിവഗിരി > 86-ാമത് ശിവഗിരി തീർത്ഥാടനത്തോടനുബന്ധിച്ച് ശ്രീനാരായണ ധർമ്മസംഘത്തിന്റെ നേതൃത്വത്തിൽ സംഘടിപ്പിക്കുന്ന 86-ാം കേരള വോളിബോൾ ടൂർണമെന്റ് തുടങ്ങി.

ശിവഗിരി ശ്രീനാരായണ കോളേജ് ഗ്രൗണ്ടിൽ ഒളിമ്പ്യൻ കെ.എം.ബീനാമോൾ ഉദ്ഘാടനം ചെയ്തു.

ശ്രീനാരായണ ധർമ്മസംഘം ട്രസ്റ്റ് പ്രസിഡൻ്റ് സ്വാമി വിശ്വലാലനന്ദൻ അധ്യക്ഷനായി. തീർത്ഥാ

ടന കമ്മിറ്റി സെക്രട്ടറി സ്വാമി വിശ്വലാലനന്ദൻ, ശിവഗിരി തീർത്ഥാടന സ്പോർട്സ് കമ്മിറ്റി ചെയർമാൻ വി.അനിൽകുമാർ, ശിവഗിരി എസ്.എൻ. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എൽ.തുളസീധരൻ, ഡോ. പ്രശാന്തൻ, വണ്ടന്നൂർ സന്തോഷ്, ജി.ശിവകുമാർ എന്നിവർ സംസാരിച്ചു.

ഉദ്ഘാടന മത്സരത്തിൽ കെ.എസ്.ഇ.ബി.ക്ക് വിജയം. പത്തനംപുഴം സെൻ്റ്സ്റ്റീഫൻസ് കോളേജിനെയാണ് അവർ പരാജയ

പ്പെടുത്തിയത്.

വെള്ളിയാഴ്ച വൈകുന്നേരം 4.15-ന് നടക്കുന്ന മത്സരത്തിൽ കേരള പോലീസ് ഉപതൊഴിലാളി യൂണിവേഴ്സിറ്റി കോട്ടയവും ഏറ്റുമുട്ടും. ടൂർണമെന്റ് ശനിയാഴ്ച സമാപിക്കും.

നെല്ലിക്കൊഴി കോളേജി

സിനിമ

2018 ഡിസംബർ

paper cutting of 86th sivagiri pilgrimage volleyball tournament inauguration by Olympion K.M Beenamol on 6th December 2018

The Inter department competitions 2018-19 were started on 15th February 2019. Cricket, Football, Volleyball, Kabaddi, Throwball (women) , Shuttle Badminton (Men and Women) were conducted. Principal Dr. L Thulaseedaran inaugurated the competition.

Inauguration of interdepartmental Competitions



Inter department competitions 2018-19 inaugurated by Principal Dr.L.Thulaseedaran on15th February 2019



Principal Dr. L Thulaseedaran inaugurating the volleyball tournament related to annual sports meet on15th February 2019

The Department of Malayalam was the winner of the Cricket tournament and the Department of Hotel management was the Runner up.

The Department of Economics was the winner of the Football Tournament and the team from Department of botany and zoology was the Runner up.

The winner of the Inter Department Volleyball tournament was the department of History. The Runner of the team was the department of Economics.

The Department of Geology won the Inter department Throwball (Women) tournament and the Department of Malayalam was the Runner up.

The Inter department Kabaddi tournament was won by the Department of B.com Finance. The runner up was the Department of Malayalam.

The Department of Geology won the Shuttle Badminton (Men) tournament. Malayalam was the Runner up.

The Department of B.Com Finance won the Shuttle Badminton (Women) tournament. The B.com Hotel management was the Runner up.



Kabaddi



Cricket



Badminton



Badminton



Throwball



Football

The g of our college held on 16th March 2019 in the College ground. Annual Athletic Meet was inaugurated by Dr.L Thulaseedaran (Principal, SN College Varkala). He received the salute of the March Past from various Departments participate in the March past competition. The Department of Mathematics received best March Past Trophy. Sri.Syamji G S (Sub Inspector of Police, Varkala) was the Chief Guest of the closing ceremony.



march past teams positioned during Annual Athletic Meet on 16th March 2019



Principal Dr. L Thulaseedaran hoisting the flag during Annual Athletic Meet on 16th March 2019



Salute given to march past team by Principal Dr.L Thulaseedharan during Annual Athletic Meet on 16th March 2019



1500m race during Annual Athletic Meet on 16th March 2019



800m race during Annual Athletic Meet on 16th March 2019



400m race during Annual Athletic Meet on 16th March 2019



victory ceremony during Annual Athletic Meet on 16th March 2019

Various competitions were conducted for teaching and non-teaching staff.

Ajin kumar, Dept. of B.com Hotel management, selected the Individual Champion for Men and Sreekutty S S, Department of Malayalam selected the Individual champion for Women in the Annual Athletic Meet.

Individual Champions (Men & Women)



Male Champion- Ajin Kumar -16th March 2019 Female Champion- Sreekutty S S-16th March 2019

Department of Malayalam got the overall championship trophy, runner up trophy lifted by B.com Finance and the second runner up trophy lifted by B.com Hotel management in the Annual Sports Day 2018-19.



Winner -Malayalam department- Annual Athletic Meet on 16th March 2019




Runner up- B.Com Finance –
during Annual Athletic Meet on 16th March 2019



II Runner up -B.com Hotel –
Annual Athletic Meet on 16th March 2019

Varkala
25/03/2019


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